the same way that Abraham and David refused to accept what was easy, rejected "gifts" and insist paying "the full price," so too must we invest real effort on the spiritual "labor" of Torah and mitz it is only through hard work and a little "elbow grease" that we will truly succeed in refusion-terroundings and by extension, the entire world

COOKING VOLUNTEERS NEEDED

Dear Friends,
We have an exiting volunteer opportunity to benefit a variet and prepare meals for someone who is release contact Eather at (814/039-0765 or eather kaltm

BRUNCH WITH THE BUCKEYES

Meet and Greet and Q&A

We are pleased to welcome Calvin Murray, former OSU and NFL player at other Buckeye greats. To RSVP call or text Ben Schottlenstein = 614.257.7571 or email as schottenser.







HOW HAPPINESS THINKS
is a course of six 90-minute sessions of group discussions, readings, and inspired learning, More importantly, it's a course of action: a lewish roadmap to finding lasting, deep, and resourceful happiness. You'll learn that happiness is it' just an enrotion that visits by chance. Happiness is a state of mind that you can learning and roces to similar the properties of the properties of the control of the properties of t How Happiness Thinks seeks the core happiness that we know is inside of you, just waiting to come out. Let's discover it together.





Mitzvah Soup... Good for the Body and Soul Mitzvah Soup

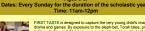


All fresh and all delicious, with 100% of the proceeds benefiting the Columbus LifeTown program. Please contact Justin at 614-939-0765 to order.

am - Judaism Comes Alive!
ons come to life. Our dynamic programs will
emotionally and practically. We believe that
of fun. Because at Chabad, children don't
sm too.



Ages 3-5: day for the duration of the schola Time: 11am-12pm





FIRST TAST is designed to capture the exp young chirs's imagination with song, art drains and againes. By exposure to the sight-led. Total balls, prayer through song and holiday studies, a chird gains a sense of pride and love for Judaism. Annual Tutton; \$270 LSCC members: \$175









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JLI TEENS discovery program

*abbat* day, November 28 ht Candles at 4:49 pm Shabbat ends Saturday, Nov. 29 at 5:51 pm Shabbat Friday, December 5 Light Candles at 4:48 pm Shabbat ends Saturday, Dec. 6 at 5:50 pt













esther@frien 614.563.2261

SOULMATES







Thursday, February 19 "Respecting Your Other Ha Thursday, March 19 "Happily Ever After?" esday, May 19 - ' er Half" 12:00 - 1:00 pm. Light brunch will be served.

Chabad of Columbus 6220 East Dublin Granville F New Albany, OH 43054-9381

Cost: \$105 registration for enti year includes textbook; or \$20 per individual class.





Opportunities Available
Looking for a meaningful way to
recognize a special day? Consider
sponsoring a Kiddush.
or more information, please conta

Look for Chabad Columbus - please "friend" us!

tenstein Chabad Center Granville Road New Albany, OH 43054 6: hbus.com