Dear Friend.

The holiday of Passover is upon us! It is a time when we come together with family and friends to celeb

Passover commemorates the emancipation of the Israelites from Egyptian enslavement 3327 years ago. After many decades of backbreaking labor, through Divine intervention the Israelites were freed. They left Egypt and made their way to Mt. Sinai, where the Israelites received the Ten Commandments, and then continued to the Promised Land.

The story of the Exodus, although thousands of years old, is still relevant today. As we declare in the Haggadah: 'In every generation a Jew should see himself as though he personally has been liberated from Mitzrayim [Egypt]."

How does one go free if he is not enslaved?

Modern Day Exodus
There's a lot more that meets the eye when it comes to slavery and fre

We are blessed to live in a country which was founded on the principles of "all men are created equal" and the universal rights of "life, liberty and the pursuit of Happiness". However, one may live in a free country and still be enslaved. We can be enslaved to our urges, mood swings, phobias and yes even our Smartphone.

True freedom has less to do with oppressive external forces and more to do with destructive internal forces. Personal imprisonment is often the most overlooked and the most difficult to overcome.

On Passover we seek to relive the Exodus and break free from our own personal enslavement. We get the strength to do so by reliving the Exodus on the night of the Seder. The human mind is very powerful. It has the ability to set one free or be the source of one's imprisonment. Establishing intellectual supremacy of mind over feelings is a good way to begin your modern day personal exodus. This Passover, let's choose freedom. Just to prove it; challenge yourself and leave your sm home for a day or two.

Bespoke Freedom
Freedom from external or internal oppressive forces is not enough. Freedom is not a one size fit all solution. An animal's requirements for freedom are not sufficient for a human being, A cow grazing in the fields with ample sustenance and room to roam will feel free and happy. For a human being, a life of grazing in the fields is torture.

In order for a person to experience freedom he must satisfy a deeper quest that utilizes all his talents and capabilities in a productive manner. To experience true freedom one must live up to his or her unique potential.

Furthermore, living up to one's materialistic potential is not enough. It's our spiritual potential that needs to be uncorked. We all have a natural desire to be spiritual. It's ingrained in our psyche. We get this spiritual fix by connecting to the Drivne through Torah, Mixtovah and being altruistic. The more we achieve spiritually, the more there is to achieve. Freedom is thus evolutionary.

This Passover, let's leave our comfort zone, reach for the sky and seek to achieve greatness

Oppressor's Freedom
As we commemorate the freedom from Egyptian bondage thousands of years ago, let us not be indifferent to religious oppression and anti-Semitism that exists today.

Ponder this:

It is only seven decades after the holocaust and there's a discussion if Europe is safe for the Jews.

A Jewish kindergarten in Brussels has been denied insurance converge because risk of attack is too high.

Wearing a Kippah in Paris can subject a person to repeated verbal abuse. These levels of hate should call from worldwide demonstrations. But unfortunately it doesn't and life

The above evil is alluded to in the Haggadah when we say "in every generation they rise against us to destroy us". The passage concludes "and the Holy One, blessed be He, saves us from their hand".

Ultimately, the only lasting solution for anti-Semitism is to free the haters from their own enslavement to hate. This Passover, let us resolve to fight anti-Semitism, prejudice and bigotry wherever it may be! This Passover, let us resolve to dispel evil by liberating the minds of the people who are enslaved to it. This Passover, as we celebrate the Season of our Liberation and are reassured by the Holy One's protective hand, let us continue our mission of making this world a better place for all of humanity.

Wishing you and your family Chag Sameach.

Hebrew School students learn the meaning of Passover in a model Seder





PASSOVER 2015

### SECOND SEDER FIRST SEDER Saturday, April 4, 7:00 pt Led by Rabbi Areyah and Esther Kaltmann Led by Rabbi Levi and Aviva Andrusier

RSVP and PAYMENT



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CAMP RATES:

• June 22 - 26 • July 6-10

NEW - Four Weeks of Camp Gan Izzy, with Extended Wednesdays

FIELD TRIPS INCLUDE:

- Monday through Friday 9:30 am 4:00 pm Transportation available from specific areas
  Pre-care/after-care offered

• July 13 - 17

camp@cgicolumbus.com SOULMATES

Next Lesson - Monday, April 20 "Sacred Space" Romantics of all ages have waxed poetic on the notion of "soulmates," seeking to grasp what makes love and passion so potent, what drives the inexplicable magnetism between two people, and what makes true love last. Yet millennia of Jewish text and tradition are rich with insights on this very topic, from the mystical and spiritual to the no-nonsense and practical.

ROSH CHODESH Soulmates – Jewish Secrets to Meaningful Relationships

e synopsis by chapters <u>here:</u>

IT'S THE BE #SELF YOU'LL EVER

Sundays 3:00-4:00

IT'S THE

For info or to register: esther@friendscolumbus.com 614.563.2261

Chabad of Columbus 6220 East Dublin Granville Ro New Albany, OH 43054-9381

Upcoming classes:

Monday, April 20 - "Sacred Space Tuesday, May 19 -"Becoming a Better Half" Classes are from 12:00 - 1:00 pm. Gourmet lunch will be served.

parenting

WORLD'S MOST DIFFICULT JOB

THE ART OF PARENTING RETURNS - a special session for Hebrew school parents 11:00 am - 12:00 pm Six Sundays beginning April 19 (no class May 10) Fee \$35 Questions or to register: email Esther Kaltmann or call office at 614-939-0765 The Lori Schottenstein Chabad Center 6220 East Dublin-Granville Rd., New Albany, OH 43054

COMPLICATED ME

ME S



SAVE THE DATE! CELEBRATE OUR LIFETOWN CHAMPIONS
Tuesday, May 12, 2015
Renaissance Columbus Downtown Hotel More info: http://tinyurl.com/legends2015

Join us for a meaningful Seder night are a traditional Seder with us and enjoy a delicious four course tal. Taste the special Passover delicacies of Charoset & Marror and tour special hand baked "Shmurah" Matzah.

View this inspiring video: http://bit.ly/104cLm0

## At their home 2929 E. Broad St. Columbus OH 43209 At The Lori Schottenstein Chabad Center 6220 East Dublin-Granville Rd. New Albany OH 43054

To RSVP or for more information, please call 614-939-0765 or email chabadcolumbus@sbcglobal.net Cost: \$45 Adults; \$18 Children under 12. Space is limited.



# **זמני**הדלקת הנר Candle Lighting Times for New Albany, OH [Based on Zip Co

Shabbat/Holiday Candle Lighting: Friday, Apr 3 7:39 pm Shabbat Ends / Second Day Holiday

8:39 pm 8:40 pm

## Schedule of Services The Lori Schottenstein Chabad Center offers a full schedule of Shabbat services.

Come and be inspired for the rest of the For more information, please call us at 614-939-0765.

15 Nissan 5775 Saturday, April 4, 2015

Morning Services: 9:30 a.m CKids - ages 5-12: 10:45 a.m.

Torah and Tea\*: 10:00 a.m. \*this class is now Dedicated in Memory of Rashi Mink ob"m, a community leader, mother and Shlucha

KIDDUSH - 12:00 pm

16 Nissan, 5775 Sunday, April 5, 2015

Subscribe to this newsletter

לוחמודעות Upcoming Events First Seder

Shachrit: 9:45 a.m.

Chabad

More Info » Thurs night Parsha class

· View all upcoming events

**פרשת**השבוע

On the <u>eighth day</u>, following the seven days of their inauguration, Aaron and his sons begin to officiate as kohanim (priests), a <u>fire</u> issues forth from G-d to consume the offerings on the altar, and the <u>divine presence</u> comes to dwell in the Sanctuary. Aaron's two elder sons, <u>Nadav and Avihu</u>, offer a "strange fire before G-d, which He commanded them on' and die before G-d. Aaron is <u>silent</u> in face of his tragedy. Moses and Aaron subsequently disagree as to a point of law regarding the offerings, but <u>Moses concedes to Aaron</u> that Aaron is in the right.

G-d commands the <u>kosher</u> laws, identifying the animal species permissible and forbidden for consumption. Land animals may be eaten only if they have <u>split hooves</u> and also <u>chew their cut-</u> fish must have <u>fins</u> and <u>scales</u>; a list of nor-kosher birds is given, and a list of kosher insects (four types of focusts). Also in Shemini are some of the laws of <u>ritual purity</u>, including the purifying power of the mikvah (a pool of water meeting specified qualifications) and the <u>well-spring</u>. Thus the people of Israel are enjoined to <u>"differentiate"</u> between the impure and the pure.

School
For more information:
www.chabadhs.org
Call 614-939-0765 or 614578-9318 or email
hebrewschool@chabadhs.org



passover toolkit

Sell Your Chametz Online

Any chametz left undisposed must
be sold to a non-Jew. Use this
online form to quickly delegate a
rabbi to sell your chametz for you.

Celebrating 100 Years: The Rebbe's Bar-Mitzvah



other stuff
10 Diverse Foods that
Say "Passover"
Over the years, diverse Jewish
communities have developed their
own Passover cuisines. Here is
our list of favorites.



and Thin?
I've heard people say that matzah
used to be soft. Is this true? And if
it is, can I use pita for my matzah?

