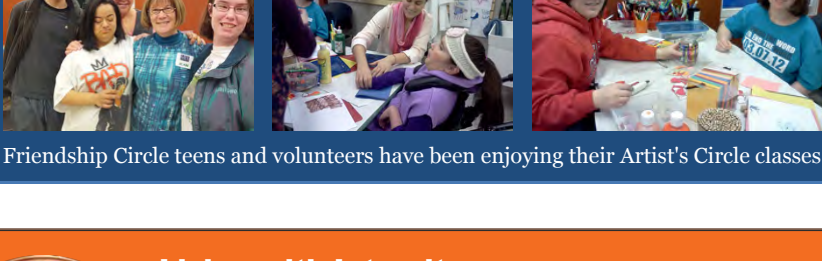
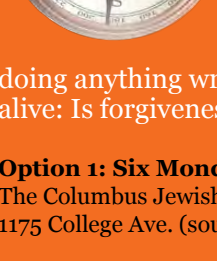


Announcements

This week at The Lori Schottenstein Chabad Center



Friendship Circle teens and volunteers have been enjoying their Artist's Circle classes.



Living with Integrity

Join us for a new JLI course:
Navigating Everyday Ethical Dilemmas

Week of Feb. 4 - Lesson 2: Forgiveness
Should you forgive domestic violence? Is it correct to forgive the one who harmed you when you cannot do so with sincerity? Should you forgive if the offender refuses to admit doing anything wrong? What about when the person you harmed is no longer alive: Is forgiveness still possible then?

Option 1: Six Monday Evenings, starting Mon., Jan. 28, 7:15-9:00 pm
The Columbus Jewish Foundation
1175 College Ave. (southern entrance), Columbus, OH 43209

Option 2: Six Wednesday Evenings, starting Wed., Jan. 30, 7:30-9:00 pm
The Lori Schottenstein Chabad Center
6220 E. Dublin-Granville Road, New Albany, OH 43054



THIS COURSE HAS BEEN APPROVED FOR 9 HOURS OF CLE CREDIT (includes 7.5 credits in ethics)

Fee: \$109 (textbooks included)
Includes refreshments and all supplies
For CLE credits: \$210 (or \$55 per class)

Not sure if this class is for you? Try before you buy! Join us for the first class and pay if you choose to continue.

Advance registration for materials appreciated

Register at www.mjli.com or call 939-0765 for more information

- Lesson 1: Privacy
- Lesson 2: Forgiveness
- Lesson 3: Charity
- Lesson 4: Parents
- Lesson 5: Honesty
- Lesson 6: Commitments

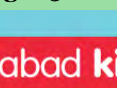
Schedule of Services

The Lori Schottenstein Chabad Center offers a full schedule of Shabbat and holiday services. Come and be inspired for the rest of the week! For more information, please call us at 614-939-0765.

22 Shevat, 5773

Saturday, February 2, 2013
Parsha Yitro

Morning Services: 9:30 a.m.



CKids - ages 5-12: 10:45 a.m.



Note: No Women's Torah Study



Tot Shabbat for 4 and under: 11:00 a.m. will be held

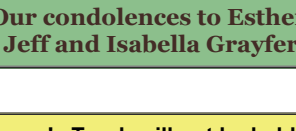


KIDDUSH
12:00 pm

23 Shevat, 5773

Sunday, February 3, 2013

Shachrit: 9:45 a.m.



Candle Lighting Times



Shabbat
Friday, Feb. 1
Light Candles at 5:31 pm

Shabbat Ends
Saturday, Feb. 2 at 6:33 pm

Shabbat
Friday, Feb. 8
Light Candles at 5:40 pm

Shabbat Ends
Saturday, Feb. 9 at 6:41 pm

Shabbat
Friday, Feb. 15
Light Candles at 5:48 pm

Shabbat Ends
Saturday, Feb. 16 at 6:48 pm

Shabbat
Friday, Feb. 22
Light Candles at 5:56 pm

Shabbat Ends
Saturday, Feb. 23 at 6:56 pm

OUR CONDOLENCES

Our condolences to Esther Weisman on loss of her aunt and to Jeff and Isabella Grayfer on the loss of Jeff's mother, Bluma.



Women's Torah will not be held this week. Esther will be at the international Chabad conference. There will still be a children's program.

Happy Birthday to Yulia Goldshteyn!

Next class Feb. 10



The Jewish Learning Institute presents a new JLI Teens program:
Life on the Line: You Make the Call!
How much is your life worth?

Debate real-life news stories such as rescuing strangers, euthanasia and attempted suicide. Discover a new way of navigating through life's moral challenges.

Open to all teens

WHEN: Sundays 4:30-5:30 PM
Course fee: \$10/class, textbooks and snacks included. **Feb. 10 & 17.**

WHERE: The Lori Schottenstein Chabad Center

INFO: esther@friendscolumbus.com 614.563.2261

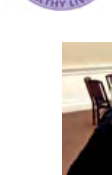
REGISTER TODAY AT: <http://tinyurl.com/jliteens-lifeontheline>

For Ladies Only

We had a great turnout of women from all over Columbus on Tuesday Jan. 15 for a lovely lunch and great discussion on "The Kabbalah of Spiritual Dieting". Be sure to mark your calendars for **Tuesday, February 12**. The topic will be "When More Makes Merrier: A Holistic Approach to Pursuing Happiness"



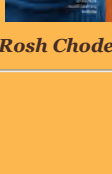
The Young Ladies' Mitzvah Club for 5th-8th grade ladies returned in January. Thanks to all who participated in making rainbow challah! Our next meeting is Sun., Feb. 17.



This year's theme is **HEALTHY LIVING GOALS**

Please email Kim to RSVP or call Esther at 563-2261

The YOUNG LADIES' MITZVAH CLUB'S mission is to inspire a generation of Jewish girls to become confident, smart, thoughtful women through Jewish experiences that promote friendship, life lessons and Torah study. The YLMC is open to girls in 5th-8th grades.



It's About TIME
A new course from the Rosh Chodesh Society
Test-drive the wisdom of the self in this balance of practical and insightful spiritual self-help, focused on making your life happier, more fulfilled, and more effective. In each session, learn to master one aspect of your personal life related to the kabbalistic energies of the month. Learn. Grow. Be inspired. Be empowered. Take action. Implement change.

Rosh Chodesh society is a women's society that meets once per month

Monthly on Tuesdays - Next meeting Feb. 12th

Topic: When More Makes Merrier:

A Holistic Approach to Pursuing Happiness

People commonly confuse the desire for materialism with the pursuit of happiness.

This lesson introduces Jewish wisdom that provides a holistic understanding of what happiness is, and how it can be achieved through material satisfaction and spiritual fulfillment.

12:00 pm

Study session led by Esther Kaltmann

Catered lunch

Cost \$15 (please pay at the door)

The Lori Schottenstein Chabad Center, 6220 East Dublin-Granville Rd., New Albany, OH 43054
Email esther.kaltmann@sbcglobal.net 614-563-2261

TOPICS & DATES

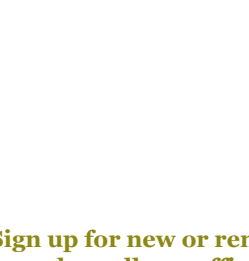
January 15: Food in Focus; **February 12:** Pursuing Happiness
March 12: Communication; **April 9:** Faith and Knowledge; **May 7:** Lasting Change

For detailed course descriptions:

<http://www.roshchodeshsociety.com/inside.php?content=current-course>

Kiddush Corner

We need YOU for our New Chabad KIDDUSH TEAM! Individuals, husband-wife/couples needed! Sign up to shop, have fun, prep, bake! Esther Kaltmann will train you & provide menu/recipes! Be part of our warm community! We are using SignUp Genius to help keep everyone organized - click the link below for sign up!

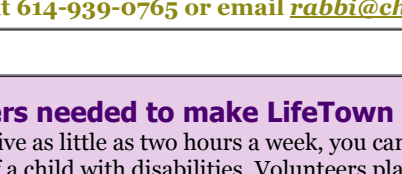


Thanks to Anna Rimunkas for her Kiddush help last week.

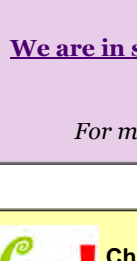


[Click to go to signup](#)

Photo: Marni Stein & Cassy Taylor



Sign up for new or renewed membership online at ChabadColumbus.com. You may also call our office at 614-939-0765 or email rabbi@chabadcolumbus.com

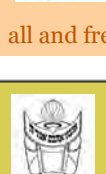


Volunteers needed to make LifeTown a success!
If you can give as little as two hours a week, you can make a lasting difference in the life of a child with disabilities. Volunteers play the roles of merchants in our venues, helping children learn life skills.

If you would like to volunteer, call or email Cheryl Sher at 774-3403 to schedule.

We are in session almost every day in January and February, so we are in great need of volunteers.

For more info about the LifeTown program, visit www.lifetowncolumbus.org.



Chabad Hebrew School
For more information: www.chabadhs.org
Call 614-939-0765 or 614-578-9318 or email hebrewschool@chabadhs.org



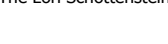
Weekly Torah study
Please join us for "A Journey into the Soul of Torah", a weekly Torah study. The class will continue on Thursdays at 7:30 pm at The Lori Schottenstein Chabad Center. Open to all and free of charge.

Kiddush Sponsorship Opportunities Available
Looking for a meaningful way to recognize a special day? Consider sponsoring a Kiddush. For more information, please contact the Chabad office at 614-939-0765



Look for Chabad Columbus - please "friend" us!

[Forward email](#)



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The Lori Schottenstein Chabad Center | 6220 East Dublin-Granville Road | New Albany | OH | 43054