



Kabbalat Shabbat tonight at 5:00



Happy Birthday to Esther Kaltmann

**IT'S THE WORLD'S MOST DIFFICULT JOB.**  
Are you qualified?

**the art of parenting**  
A NEW SIX-SESSION COURSE FROM THE ROHR JEWISH LEARNING INSTITUTE

**JOIN NOW**

**The Art of Parenting**

As parents, we worry about the well-being of our kids; about their future, and about our role in shaping it. In *The Art of Parenting*, we scale the challenges that face us as parents and explore timeless insights from Jewish wisdom to instill values, foster independence, and ensure the long-term success and emotional well-being of our children.

The Lori Schottenstein Chabad Center,  
6220 East Dublin-Granville Rd., New Albany, OH 43054  
614-939-0765  
chabadcolumbus@sbcglobal.net

**JOIN NOW**

6 Tuesdays beginning Jan 20th - Feb 24th  
11:30 AM - 1:00 PM  
\$110.00  
Lunch Provided - Child Care Available for \$7 per session

**JOIN NOW**

6 Wednesdays beginning Jan 21st - Feb 25th  
7:30 PM - 9:00 PM  
\$110.00  
Refreshments Provided

**JLI Teens Discovery Program 2014-2015**

**Register**

**Hollywood Idol** analyzes how the culture of Hollywood subliminally influences our society. From dystopian societies in which evil governments force inhabitants into districts, to heroic romances between defiant teen heroes fighting for their freedom, students will discover how every movie—every story—is inherently a message and commentary on life. They will be challenged to consider and think deeply about these messages, whether they really agree with them, and how these values compare with those of our tradition.

Classes start Feb. 1

Email Esther for details

**DEBATE THE LIFE-MESSAGES OF HOLLYWOOD'S MOST POPULAR BOX-OFFICE FILMS**

**JLI Teens Discovery Program**  
An exciting new Jewish Learning Institute (JLI) program for teens from across the continent. This year's theme is "Hollywood's Most Popular Box-Office Films".

**SAVE THE DATE - TEEN SKI TRIP JANUARY 25**

We are having a ski trip for 7th grade and up, meeting with teens from Dayton and Cincinnati at the Perfect North ski resort.

We will meet at Chabad 9 am and return 7 pm. \$50 cost includes transportation, lunch, ski lessons, lift ticket and snow tubing.

Call Esther 563-2261 or Levi for more information 578-9318

REGISTER: <http://www.cteen.com/kio>



**2015 5775 FEBRUARY 27-MARCH 1 ADAR 8-10**

**INTERNATIONAL SHABBATON**

[CTEEN.COM](http://www.cteen.com)

**About The Shabbaton**

CTeen is a social club where teens learn about themselves and their heritage through giving to others and participating in interactive, hands-on activities. With over 125 chapters, in 14 countries, CTeen is the fastest growing network for Jewish teens.

The International CTeen Shabbaton is an annual reunion of Jewish teens from across the continent. For the past six years, hundreds of teens have forged new friendships while experiencing a meaningful Shabbat and enjoying the thrills of the Big Apple.

This year's Shabbaton will G-d willing take place in New York on February 27th- March 1st.

Manhattan shopping, visiting tourists' hot spots and Brooklyn's Jewish attractions are some of this year's Shabbaton features.

Building on the incredible success of the past Shabbatons, this year's fresh program and revised itinerary promise to be unmatched.

Dare to be surprised. Prepare for the unimaginable.

The CTeen International Shabbaton is open to all Jewish teens in the community regardless of affiliation.



[esther@friendscolumbus.com](mailto:esther@friendscolumbus.com) 614.563.2261

**SOULMATES**

**ROSH CHODESH Soulmates – Jewish Secrets to Meaningful Relationships**

**Monday, November 24**

**Behind Closed Doors – Judaism's View of Intimacy**

Is G-d comfortable in the bedroom? Is sexual intimacy holy? Profane? Mundane? Holy, but only as a means to procreation? What does Judaism have to say about sexuality and how to enhance the intimacy between husband and wife? This lesson taps into Judaism's vast reservoir of wisdom, both practical and kabbalistic, on a topic your Hebrew school teacher likely never broached.

Course synopsis by chapters [here](#).

**Upcoming classes:**

- Wednesday, January 21 - "Beloved Friends"
- Thursday, February 19 - "Respecting Your Other Half"
- Thursday, March 19 - "Happily Ever After?"
- Monday, April 20 - "Sacred Space"
- Tuesday, May 19 - "Becoming a Better Half"

Classes are from 12:00 - 1:00 pm. Light brunch will be served.

Cost: \$105 registration for entire year includes textbook; or \$20 per individual class.

Chabad of Columbus  
6220 East Dublin Granville Rd.  
New Albany, OH 43054-9381

For info or to register:  
[esther@friendscolumbus.com](mailto:esther@friendscolumbus.com)  
614.563.2261

**Be a part of something special!**

**BE AMBITIOUS.**

**THE FRIENDSHIP CIRCLE**

**LIFE TOWN**

If you never thought you could run a marathon, you're probably **WRONG**. With Team Friendship's awesome resources and support, you **CAN** walk or run 13.1 miles and **BE** legendary for children with special needs!

[Click for more info.](#)

LifeTown provides life skills training for children with disabilities. We rely on volunteers to make our unique program work. To volunteer, sign up at [Signup\\_Genius](#) or email volunteer coordinator [Nancy Eisenman](#) for more information.

**Weekly Torah study**  
Please join us for "A Journey into the Soul of Torah", a weekly Torah study. The class will continue on Thursdays at 7:30 pm at The Lori Schottenstein Chabad Center. Open to all and free of charge.

**Kiddush Sponsorship Opportunities Available**  
Looking for a meaningful way to recognize a special day? Consider sponsoring a Kiddush. For more information, please contact the Chabad office at 614-939-0765.

**זמני הדלקת הנרות**

Candle Lighting Times for New Albany, OH (Based on Zip Code 43054):

Shabbat Candle Lighting: 5:06 pm  
Friday, Jan 9  
Shabbat Ends: 6:09 pm  
Shabbat, Jan 10  
Torah Portion: **Shemot**



**Schedule of Services**

The Lori Schottenstein Chabad Center offers a full schedule of Shabbat services.

Come and be inspired for the rest of the week! For more information, please call us at 614-939-0765.

**19 Tevet 5775**  
**Saturday, Jan. 10, 2015**

**Morning Services: 9:30 a.m.**  
**CKids - ages 5-12: 10:45 a.m.**

**Torah and Tea\*: 10:00 a.m.**  
*\*This class is now Dedicated in Memory of Rashi Minkowitz, ob"m, a community leader, mother and Shilucha*

**Tot Shabbat for 4 and under: 11:00 a.m.**

**KIDDUSH – 12:00 pm**

**20 Tevet, 5775**  
**Sunday, Jan. 11, 2015**

**Shachrit: 9:45 a.m.**

Subscribe to this newsletter



**לוח מודעות**

**Upcoming Events**

**Hebrew School - regular class**  
Jan. 11, 2015 - 9:30 am - 12:00 pm

[More Info >](#)

**Hebrew School - regular class**  
Jan. 18, 2015 - 9:30 am - 12:00 pm

[More Info >](#)

**JLI-Art of Parenting**  
Jan. 20, 2015 - 11:30 am - 1:00 pm

[More Info >](#)

**Rosh Chodesh - Soulmates**  
Jan. 21, 2015 - 12:00 pm - 1:00 pm

[More Info >](#)

**JLI-Art of Parenting**  
Jan. 21, 2015 - 7:30 pm - 9:00 pm

[More Info >](#)

[View all upcoming events](#)

**פרשת השבוע**

**Parshat Shemot**

The **children of Israel** multiply in Egypt. Threatened by their growing numbers, **Pharaoh** enslaves them and orders the Hebrew midwives, **Shifra** and **Puah**, to kill all male babies at birth. When they do not comply, he commands his people to cast the Hebrew babies into the **Nile**.

A child is born to **Yocheved**, the daughter of Levi, and her husband, **Amram**, and placed in a basket on the river, while the baby's sister, **Miriam**, stands watch from afar. **Pharaoh's** daughter discovers the boy, raises him as her son, and names him **Moses**.

As a young man, **Moses** leaves the palace and discovers the hardship of his brethren. He sees an Egyptian beating a Hebrew, and **kills** the Egyptian. The next day he sees two Jews **fighting**; when he admonishes them, they reveal his deed of the previous day, and **Moses** is forced to flee to Midian. There he rescues **Jethro's** daughters, marries one of them (**Zipporah**), and becomes a **shepherd** of his father-in-law's flocks.

G-d appears to **Moses** in a **burning bush** at the foot of **Mount Sinai**, and instructs him to go to **Pharaoh** and demand: "Let **My people go, so that they may serve Me.**" **Moses' brother, Aaron**, is appointed to serve as his spokesman. In Egypt, **Moses** and **Aaron** assemble the elders of Israel to tell them that the time of their redemption has come. The people **believe**; but **Pharaoh** refuses to let them go, and even intensifies the suffering of Israel.

**Moses** returns to G-d to protest: "**Why have You done evil to this people?**" G-d promises that the redemption is close at hand.

**Chabad Hebrew School**  
For more information:  
[www.chabadhs.org](http://www.chabadhs.org)  
Call 614-939-0765 or 614-578-9318 or email [hebrewschool@chabadhs.org](mailto:hebrewschool@chabadhs.org)

**מגזין שבועי**

This Week @ [www.ChabadColumbus.com](http://www.ChabadColumbus.com)

**parshah**  
**Want to Be a Leader? Baby Moses Will Teach You**  
From the circumstances of his birth through his refusal to lead to the last moments of his life, everything the Torah tells us about Moses is a lesson in Jewish leadership

**women**  
**How I Became a Ba'alat Teshuvah**  
For as long as I can remember, I was asking myself questions about the meaning of life and why I was here.

**your questions**  
**Why is there No Evidence of G-d?**  
If He is supposed to be everywhere, why is He nowhere to be seen? My logic says, if you are nowhere, you don't exist . . .

**multimedia**  
**How Does Judaism View Death?**  
While Judaism values life to an extreme and we do whatever we can to preserve life, when death occurs we recognize that there is a divine plan.