



Kabbalat Shabbat tonight at 5:00



Happy Birthday to Esther Kaltmann

IT'S THE WORLD'S MOST DIFFICULT JOB.
Are you qualified?

the art of parenting
A NEW SIX-SESSION COURSE FROM THE ROHR JEWISH LEARNING INSTITUTE

JOIN NOW

The Art of Parenting

As parents, we worry about the well-being of our kids; about their future, and about our role in shaping it. In *The Art of Parenting*, we scale the challenges that face us as parents and explore timeless insights from Jewish wisdom to instill values, foster independence, and ensure the long-term success and emotional well-being of our children.

The Lori Schottenstein Chabad Center,
6220 East Dublin-Granville Rd., New Albany, OH 43054
614-939-0765
chabadcolumbus@sbcglobal.net

JOIN NOW

6 Tuesdays beginning Jan 20th - Feb 24th
11:30 AM - 1:00 PM
\$110.00
Lunch Provided - Child Care Available for \$7 per session

JOIN NOW

6 Wednesdays beginning Jan 21st - Feb 25th
7:30 PM - 9:00 PM
\$110.00
Refreshments Provided

JLI Teens Discovery Program 2014-2015

Register

Hollywood Idol analyzes how the culture of Hollywood subliminally influences our society. From dystopian societies in which evil governments force inhabitants into districts, to heroic romances between defiant teen heroes fighting for their freedom, students will discover how every movie—every story—is inherently a message and commentary on life. They will be challenged to consider and think deeply about these messages, whether they really agree with them, and how these values compare with those of our tradition.

Classes start Feb. 1

Email Esther for details

DEBATE THE LIFE-MESSAGES OF HOLLYWOOD'S MOST POPULAR BOX-OFFICE FILMS

JLI Teens Discovery Program
An exciting new program for teens to explore the life messages of Hollywood's most popular box-office films.

SAVE THE DATE - TEEN SKI TRIP JANUARY 25

We are having a ski trip for 7th grade and up, meeting with teens from Dayton and Cincinnati at the Perfect North ski resort.

We will meet at Chabad 9 am and return 7 pm. \$50 cost includes transportation, lunch, ski lessons, lift ticket and snow tubing.

Call Esther 563-2261 or Levi for more information 578-9318

REGISTER: <http://www.cteen.com/kio>



2015 5775 FEBRUARY 27-MARCH 1 ADAR 8-10

INTERNATIONAL SHABBATON

[CTEEN.COM](http://www.cteen.com)

About The Shabbaton

CTeen is a social club where teens learn about themselves and their heritage through giving to others and participating in interactive, hands-on activities. With over 125 chapters, in 14 countries, CTeen is the fastest growing network for Jewish teens.

The International CTeen Shabbaton is an annual reunion of Jewish teens from across the continent. For the past six years, hundreds of teens have forged new friendships while experiencing a meaningful Shabbat and enjoying the thrills of the Big Apple.

This year's Shabbaton will G-d willing take place in New York on February 27th- March 1st.

Manhattan shopping, visiting tourists' hot spots and Brooklyn's Jewish attractions are some of this year's Shabbaton features.

Building on the incredible success of the past Shabbatons, this year's fresh program and revised itinerary promise to be unmatched.

Dare to be surprised. Prepare for the unimaginable.

The CTeen International Shabbaton is open to all Jewish teens in the community regardless of affiliation.



esther@friendscolumbus.com 614.563.2261

SOULMATES

ROSH CHODESH Soulmates – Jewish Secrets to Meaningful Relationships

Monday, November 24

Behind Closed Doors – Judaism's View of Intimacy

Is G-d comfortable in the bedroom? Is sexual intimacy holy? Profane? Mundane? Holy, but only as a means to procreation? What does Judaism have to say about sexuality and how to enhance the intimacy between husband and wife? This lesson taps into Judaism's vast reservoir of wisdom, both practical and kabbalistic, on a topic your Hebrew school teacher likely never broached.

Course synopsis by chapters [here](#).

Upcoming classes:

- Wednesday, January 21 - "Beloved Friends"
 - Thursday, February 19 - "Respecting Your Other Half"
 - Thursday, March 19 - "Happily Ever After?"
 - Monday, April 20 - "Sacred Space"
 - Tuesday, May 19 - "Becoming a Better Half"
- Classes are from 12:00 - 1:00 pm. Light brunch will be served.
- Cost: \$105 registration for entire year includes textbook; or \$20 per individual class.
- Chabad of Columbus
6220 East Dublin Granville Rd.
New Albany, OH 43054-9381
- For info or to register:
esther@friendscolumbus.com
614.563.2261

Be a part of something special!

BE AMBITIOUS.

THE FRIENDSHIP CIRCLE

If you never thought you could run a marathon, you're probably WRONG. With Team Friendship's awesome resources and support, you CAN walk or run 13.1 miles and BE legendary for children with special needs!

[Click for more info.](#)

LIFE TOWN provides life skills training for children with disabilities. We rely on volunteers to make our unique program work. To volunteer, sign up at [Signup_Genius](#) or email volunteer coordinator [Nancy Eisenman](#) for more information.

Weekly Torah study
Please join us for "A Journey into the Soul of Torah", a weekly Torah study. The class will continue on Thursdays at 7:30 pm at The Lori Schottenstein Chabad Center. Open to all and free of charge.

Kiddush Sponsorship Opportunities Available
Looking for a meaningful way to recognize a special day? Consider sponsoring a Kiddush. For more information, please contact the Chabad office at 614-939-0765.

זמני הדלקת הנרות

Candle Lighting Times for New Albany, OH (Based on Zip Code 43054):
Shabbat Candle Lighting: 5:06 pm
Friday, Jan 9
Shabbat Ends: 6:09 pm
Torah Portion: **Shemot**



Schedule of Services

The Lori Schottenstein Chabad Center offers a full schedule of Shabbat services.

Come and be inspired for the rest of the week! For more information, please call us at 614-939-0765.

19 Tevet 5775
Saturday, Jan. 10, 2015

Morning Services: 9:30 a.m.
CKids - ages 5-12: 10:45 a.m.

Torah and Tea*: 10:00 a.m.
**This class is now Dedicated in Memory of Rashi Minkowitz, ob"m, a community leader, mother and Shilucha*

Tot Shabbat for 4 and under: 11:00 a.m.

KIDDUSH – 12:00 pm

20 Tevet, 5775
Sunday, Jan. 11, 2015

Shachrit: 9:45 a.m.

Subscribe to this newsletter



לוח מודעות

Upcoming Events

Hebrew School - regular class
Jan. 11, 2015 - 9:30 am - 12:00 pm

[More Info »](#)

Hebrew School - regular class
Jan. 18, 2015 - 9:30 am - 12:00 pm

[More Info »](#)

JLI-Art of Parenting
Jan. 20, 2015 - 11:30 am - 1:00 pm

[More Info »](#)

Rosh Chodesh - Soulmates
Jan. 21, 2015 - 12:00 pm - 1:00 pm

[More Info »](#)

JLI-Art of Parenting
Jan. 21, 2015 - 7:30 pm - 9:00 pm

[More Info »](#)

[View all upcoming events](#)

פרשת השבוע

Parshat Shemot

The children of Israel multiply in Egypt. Threatened by their growing numbers, Pharaoh enslaves them and orders the Hebrew midwives, Shifra and Puah, to kill all male babies at birth. When they do not comply, he commands his people to cast the Hebrew babies into the Nile.

A child is born to Yocheved, the daughter of Levi, and her husband, Amram, and placed in a basket on the river, while the baby's sister, Miriam, stands watch from afar. Pharaoh's daughter discovers the boy, raises him as her son, and names him Moses.

As a young man, Moses leaves the palace and discovers the hardship of his brethren. He sees an Egyptian beating a Hebrew, and kills the Egyptian. The next day he sees two Jews fighting; when he admonishes them, they reveal his deed of the previous day, and Moses is forced to flee to Midian. There he rescues Jethro's daughters, marries one of them (Tziporah), and becomes a shepherd of his father-in-law's flocks.

G-d appears to Moses in a burning bush at the foot of Mount Sinai, and instructs him to go to Pharaoh and demand: "Let My people go, so that they may serve Me." Moses' brother, Aaron, is appointed to serve as his spokesman. In Egypt, Moses and Aaron assemble the elders of Israel to tell them that the time of their redemption has come. The people believe; but Pharaoh refuses to let them go, and even intensifies the suffering of Israel.

Moses returns to G-d to protest: "Why have You done evil to this people?" G-d promises that the redemption is close at hand.

Chabad Hebrew School
For more information:
www.chabadhs.org
Call 614-939-0765 or 614-578-9318 or email hebrewschool@chabadhs.org

מגזין שבועי

This Week @ www.ChabadColumbus.com

parshah
Want to Be a Leader? Baby Moses Will Teach You
From the circumstances of his birth through his refusal to lead to the last moments of his life, everything the Torah tells us about Moses is a lesson in Jewish leadership

women
How I Became a Ba'alat Teshuvah
For as long as I can remember, I was asking myself questions about the meaning of life and why I was here.

your questions
Why is there No Evidence of G-d?
If He is supposed to be everywhere, why is He nowhere to be seen? My logic says, if you are nowhere, you don't exist . . .

multimedia
How Does Judaism View Death?
While Judaism values life to an extreme and we do whatever we can to preserve life, when death occurs we recognize that there is a divine plan.