



Dear Ellie,

Behind every successful man there's a successful woman... and behind every Chabad Rabbi there's a very special Chabad Rebbetzin. That's what this weekend is all about!

Thousands of Chabad Rebbetzins, "Shluchoth" from across the globe, including a delegation of Rebbetzins from the Conejo Valley, are gathering in Brooklyn this weekend for their annual convention which is held each year on or close to the day that we commemorate the passing of the wife of the Lubavitcher Rebbe, OBM, Rebbetzin Chaya Mushka Schneerson who passed away on the 22nd of Shevat of the year 5748 (1988).

The women have the opportunity to hear guest speakers, attend workshops, visit the Ohel (Lubavitcher Rebbe's gravesite) and socialize among their peers. It also gives shluchoth of all ages and countries the opportunity to share ideas and programs for Chabad Centers and serves as a **time to recharge with some spiritual energy** to continue their work in their respective communities.

The convention culminates this Sunday evening with **The Gala Banquet**, after which these 3,000+ incredible women will return to their posts around the world to continue bringing the joys of Judaism to their communities.

Only good news,  
Areyah

**Baby naming this Shabbos!**  
Parents: Sonia and Jarrod Brinkman  
Baby's name: Sasha Leah Brinkman  
Baby's Hebrew Name: Shoshana Leah

**IT'S THE WORLD'S MOST DIFFICULT JOB.**  
Are you qualified?

the art of parenting  
A NEW SIX-SESSION COURSE FROM THE ROHR JEWISH LEARNING INSTITUTE

JOIN NOW

**The Art of Parenting**

As parents, we worry about the well-being of our kids; about their future, and about our role in shaping it. In *The Art of Parenting*, we scale the challenges that face us as parents and explore timeless insights from Jewish wisdom to instill values, foster independence, and ensure the long-term success and emotional well-being of our children.

The Lori Schottenstein Chabad Center,  
6220 East Dublin-Granville Rd., New Albany, OH 43054  
614-939-0765  
chabadcolumbus@sbcglobal.net

6 Tuesdays beginning Jan 20th - Feb 24th  
11:30 AM - 1:00 PM  
\$110.00  
Lunch Provided - Child Care Available for \$7 per session

6 Wednesdays beginning Jan 21st - Feb 25th  
7:30 PM - 9:00 PM  
\$110.00  
Refreshments Provided

**JLI TEENS DISCOVERY PROGRAM HOLLYWOOD IDOL**  
Started Feb. 8 - still time to join in  
**REGISTER**

Hollywood Idol analyzes how the culture of Hollywood subliminally influences our society. From dystopian societies in which evilgovernments force inhabitants into districts, to heroic romances between defiant teen heroes fighting for their freedom, students will discover how every movie-every story-is inherently a message and commentary on life. They will be challenged to consider and think deeply about these messages, whether they really agree with them, and how these values compare with those of our tradition.

Sundays 3:00-4:30  
Questions? Email Esther Kaltmann

The Lori Schottenstein Chabad Center  
6220 East Dublin-Granville Rd.,  
New Albany, OH 43054  
Office: 614-939-0765

**SOULMATES**

**ROSH CHODESH Soulmates – Jewish Secrets to Meaningful Relationships**

Next Lesson - Thursday, Feb. 19  
"Respecting Your Other Half"

Romantics of all ages have waxed poetic on the notion of "soulmates," seeking to grasp what makes love and passion so potent, what drives the inexplicable magnetism between two people, and what makes true love last. Yet millennia of Jewish text and tradition are rich with insights on this very topic, from the mystical and spiritual to the no-nonsense and practical.

Course synopsis by chapters [here](#).

**Upcoming classes:**

Thursday, March 19 - "Happily Ever After?"

Monday, April 20 - "Sacred Space"

Tuesday, May 19 - "Becoming a Better Half"

Classes are from 12:00 - 1:00 pm. Gourmet lunch will be served.

Cost: \$105 registration for entire year includes textbook; or \$20 per individual class.

Chabad of Columbus  
6220 East Dublin Granville Rd.  
New Albany, OH 43054-9381

For info or to register:  
[esther@friendscolumbus.com](mailto:esther@friendscolumbus.com)  
614.563.2261

**2015 5775 INTERNATIONAL SHABBATON**  
FEBRUARY 27-MARCH 1  
ADAR 8-10  
CITEEN.COM

**About The Shabbaton**

CTeen is a social club where teens learn about themselves and their heritage through giving to others and participating in interactive, hands-on activities. With over 125 chapters, in 14 countries, CTeen is the fastest growing network for Jewish teens.

The International CTeen Shabbaton is an annual reunion of Jewish teens from across the continent. For the past six years, hundreds of teens have forged new friendships while experiencing a meaningful Shabbat and enjoying the thrills of the Big Apple.

This year's Shabbaton will G-d willing take place in New York on February 27th- March 1st.

Manhattan shopping, visiting tourists' hot spots and Brooklyn's Jewish attractions are some of this year's Shabbaton features.

Building on the incredible success of the past Shabbatons, this year's fresh program and revised itinerary promise to be unmatched.

Dare to be surprised. Prepare for the unimaginable.

The CTeen International Shabbaton is open to all Jewish teens in the community regardless of affiliation.

**REGISTER**

[esther@friendscolumbus.com](mailto:esther@friendscolumbus.com) 614.563.2261

**LIFE TOWN**

LifeTown provides life skills training for children with disabilities. We rely on volunteers to make our unique program work. To volunteer, sign up at [Signup Genius](#) or email volunteer coordinator Nancy Eisenman for more information.

**Weekly Torah study**  
Please join us for "A Journey into the Soul of Torah", a weekly Torah study. The class will continue on Thursdays at 7:30 pm at The Lori Schottenstein Chabad Center. Open to all and free of charge.

**Kiddush Sponsorship Opportunities Available**  
Looking for a meaningful way to recognize a special day? Consider sponsoring a Kiddush. For more information, please contact the Chabad office at 614-939-0765.

**זמני הדלקת הנרות**

Candle Lighting Times for  
New Albany, OH [Based on Zip Code 43054]:

Shabbat Candle Lighting: Friday, Feb 13 5:46 pm  
Shabbat Ends: Shabbat, Feb 14 6:47 pm

Torah Portion: **Mishpatim**

**Schedule of Services**

The Lori Schottenstein Chabad Center offers a full schedule of Shabbat services.

Come and be inspired for the rest of the week! For more information, please call us at 614-939-0765.

**25 Shevat 5775 Saturday, Feb. 14, 2015**

Morning Services: 9:30 a.m.

CKids - ages 5-12: 10:45 a.m.

Torah and Tea\*: 10:00 a.m.  
\*this class is now Dedicated in Memory of Rashi Minkowitz, ob"m, a community leader, mother and Shitcha

Tot Shabbat for 4 and under: 11:00 a.m.

KIDDUSH - 12:00 pm

Kiddush sponsored by Moshe and Judy Mizrahi in honor of his father's yartzheit.

**26 Shevat, 5775 Sunday, Feb. 15, 2015**

Shachrit: 9:45 a.m.

Subscribe to this newsletter

Chabad COLUMBUS

**לוח מודעות**

**Upcoming Events**

**Hebrew School Snow Tubing**  
Feb. 15, 2015  
[More Info >>](#)

**JLI Teens discovery program**  
Feb. 15, 2015 - 3:00 pm - 3:30 pm  
[More Info >>](#)

**JLI-Art of Parenting**  
Feb. 17, 2015 - 11:30 am - 1:00 pm  
[More Info >>](#)

**JLI-Art of Parenting**  
Feb. 18, 2015 - 7:30 pm - 9:00 pm  
[More Info >>](#)

**Rosh Chodesh - Soulmates**  
Feb. 19, 2015 - 12:00 pm - 1:00 pm  
[More Info >>](#)

**Hebrew School - regular class**  
Feb. 22, 2015 - 9:30 am - 12:00 pm  
[More Info >>](#)

**JLI Teens discovery program**  
Feb. 22, 2015 - 3:00 pm - 3:30 pm  
[More Info >>](#)

**JLI-Art of Parenting**  
Feb. 24, 2015 - 11:30 am - 1:00 pm  
[More Info >>](#)

**JLI-Art of Parenting**  
Feb. 25, 2015 - 7:30 pm - 9:00 pm  
[More Info >>](#)

**CTeen Int NYC Shabbaton**  
Feb. 27, 2015 - 12:00 pm  
[More Info >>](#)

[View all upcoming events](#)

**פרשת השבוע**

**Parshat Mishpatim**

Following the revelation at Sinai, G-d legislates a series of laws for the people of Israel. These include the laws of the indentured servant; the penalties for murder, kidnapping, assault and theft; civil laws pertaining to restraining damages, the granting of loans, and the responsibilities of the "Four Guardians"; and the rules governing the conduct of justice by courts of law.

Also included are laws warning against mistreatment of foreigners; the observance of the seasonal festivals, and the agricultural gifts that are to be brought to the Holy Temple in Jerusalem; the prohibition against cooking meat with milk; and the mitzvah of prayer. Altogether, the Parshah of Mishpatim contains 53 mitzvot—23 imperative commandments and 30 prohibitions.

G-d promises to bring the people of Israel to the Holy Land, and warns them against assuming the pagan ways of its current inhabitants.

The people of Israel proclaim, "We will do and we will hear" all that G-d commands us." Leaving Aton and Hur in charge in the Israelite camp, Moses ascends Mount Sinai and remains there for forty days and forty nights to receive the Torah from G-d.

**Chabad Hebrew School**

For more information:  
[www.chabadhs.org](http://www.chabadhs.org)  
Call 614-939-0765 or 614-578-9318 or email [hebrewschool@chabadhs.org](mailto:hebrewschool@chabadhs.org)

**מגזין שבועי**

This Week @ [www.ChabadColumbus.com](http://www.ChabadColumbus.com)

**parshah**  
**Overcoming NIMBY**  
Used to describe a person or an attitude, NIMBY is an abbreviation for Not In My Back Yard.

**essay**  
**A Reasonable Approach to Kosher**  
Kosher is the diet plan for the soul, in that it contains the foods prescribed by G-d in the Torah for consumption by the Jewish people.

**video**  
**She Taught Us to Appreciate the Mainstay of the Home**  
Louise Hager, who developed a close relationship with the Rebbe's wife, Rebbetzin Chaya Mushka, recalls speaking about her for the first time in public, and relates some important lessons the Rebbetzin taught her. (1991)

**22 shevat**  
**The Rebbetzin: A Private Life of Public Service**  
Unlike her husband, Rebbetzin Chaya Mushka did not practice her dedication to the Jewish people in the public eye, but in the privacy of her own home.