



Dear Ellie

As newspapers, websites and TV news stations blare the latest headlines of acts of terror and anti-Semitism being committed around the world - in the name of religion, no less - the depth of World Jewry's sense of identity, solidarity and resolve is being tested in ways that have not been seen in decades. Comes along this week's Torah portion Nasso, with a solution to such feelings of despair.

You see, it is so much easier to run away from life's challenges and the vicissitudes hurled at us. Sometimes for good reasons, it's so easy to feel faint hearted and ever so vulnerable. How can we possibly cope with our onslaught of problems?

In this week's Torah portion, after the Torah speaks of the suspected adulteress it begins the laws of the Nazarite. Why, the Talmud asks, is one topic juxtaposed next to the other? To which the Talmud answers from the Nazarite sees the tragic consequences of alcohol in the saga of the adulteress he then chooses to abstain from all contact with alcohol. His intentions seem so honorable and purely justified, but Maimonides asks an incredible question about his conduct. Why does this very holy motivated individual have to bring a sin offering when he finishes his term of Nazarite? To which Maimonides answers that G-d did not create a world for us to abstain from, but rather we need to elevate our environment. Of course it's easier to run away from the world but then we aren't being true to the reason that we were created. Unlike pain that is real, fear is something that we must work on overcoming and by taking on the day and giving it our best we will ultimately prevail.

Good Shabbos,
Areyah



JOIN US
FOR A
Special
Shabbos
at Chabad!

Join us on Friday May 29 for
7:00 pm Shabbat services.

זמני הדלקת הנרות

Candle Lighting Times for
New Albany, OH (Based on Zip Code
43054):

Shabbat Candle Lighting: 8:34 pm
Friday, May 29
Shabbat Ends: 9:41 pm
Shabbat, May 30

Torah Portion: **Naso**



Schedule of Services

The Lori Schottenstein Chabad Center offers a full schedule of Shabbat services.

Come and be inspired for the rest of the week!
For more information, please call us at
614-939-0765.

12 Sivan 5775
Saturday, May 30, 2015

Morning Services: 9:30 a.m.
CKids - ages 5-12: 10:45 a.m.

Torah and Tea*: 10:00 a.m.
**this class is now Dedicated in Memory of Rashi Minkovitz, ob'm, a community leader, mother and Shlucha*

Tot Shabbat for 4 and under: 11:00 a.m.
KIDDUSH - 12:00 pm

13 Sivan, 5775
Sunday, May 31, 2015

Shachrit: 9:45 a.m.

Subscribe to this newsletter



לחמודעות

Upcoming Events

JLI-Art of Parenting
May 31, 2015 - 10:30 am - 11:30 am

[More Info »](#)

Thurs night Parsha class
Jun. 4, 2015 - 7:30 pm - 8:30 pm

[More Info »](#)

JLI-Art of Parenting
Jun. 7, 2015 - 10:30 am - 11:30 am

[More Info »](#)

Thurs night Parsha class
Jun. 11, 2015 - 7:30 pm - 8:30 pm

[More Info »](#)

[View all upcoming events](#)

פרשת השבוע

Parshat Naso

Completing the **headcount** of the Children of Israel taken in the Sinai Desert, a total of 8,580 Levite men between the ages of 30 and 50 are counted in a tally of those who will be doing the actual **work** of **transporting** the **Tabernacle**.

G-d communicates to Moses the law of the **sofah**, the **wayward wife** suspected of unfaithfulness to her husband. Also given is the law of the **nazir**, who forswears **wine**, lets his or her **hair** grow long, and is forbidden to become contaminated through **contact** with a dead body. Aaron and his descendants, the **kohanim**, are instructed on how to **bless** the people of Israel.

The leaders of the twelve tribes of Israel each bring their offerings for the **inauguration** of the altar. Although their gifts are **identical**, each is brought on a **different day** and is **individually described** by the Torah.

Chabad Hebrew School
For more information:
www.chabadhs.org
Call 614-939-0765 or 614-578-9318 or email hebrewschool@chabadhs.org

מגניזשבווע

This Week @ www.ChabadColumbus.com

video
Why Celebrate Shabbat?
Lighting Shabbat candles, resting and rejuvenating on Shabbat are critical to Jewish living.

parshah
Are You a Jew in the Head?
Jews have distinct rituals: a way of dress, interesting holidays, and a unique diet. When G-d gave us these instructions He told us that He was choosing us as His special nation. But beneath those rituals, are we truly distinct? As Jews, do we think differently?

your questions
I Just Discovered I'm Jewish!
Funny thing, nobody is ever shocked by the discovery that their mother is Inuit. What's so different about being Jewish?

jewish news
Why Michael From Siberia Cried on Shavuot
Never mind the games and other playthings, this five-year-old had his eye on the real prize.

The 10th Annual Est. 2006
NATIONAL JEWISH RETREAT

August 11-16, 2015 26 Av-I Elul 5775
OMNI SHOREHAM HOTEL
Washington, DC

REGISTER NOW for the National Jewish Retreat August 11-16

Registration Now Open!

CAMP GAN ISRAEL 2015
A uniquely exciting experience for your child in a warm, caring, and Jewish environment

• SPECIALTY PROGRAMMING • SPORTS • SWIMMING • CRAFTS • FIELD TRIPS •

FIELD TRIPS INCLUDE:
• Nature wetlands
• Kings Island
• Zoombezi Bay
• Columbus Zoo
• Chiller
• Bowling
• Hocking Hills

SPECIALTY PROGRAMMING INCLUDES:
• Sports
• Swimming
• Woodworking
• Yoga
• Science
• Crafts

NEW - Four Weeks of Camp Gan Izzy, with Extended Wednesdays

- June 22 - 26
- June 29 - July 2
- July 6 - 10
- July 13 - 17

Monday through Friday
9:30 am - 4:00 pm

- Transportation available from specific areas
- Pre-care/after-care offered

LOCATION:
New Albany Middle School Facility
6600 E. Dublin-Granville Rd.
New Albany, OH 43054

PHONE:
(614) 235-9395 / (614) 939-0765

EMAIL:
camp@cgicolumbus.com

WEBSITE:
www.cgicolumbus.com

CAMP RATES:
\$195 - Weekly
\$705 - Full 4 Weeks
Limited scholarships available.

"Gan Izzy is a warm, fun and exciting summer program that made a tremendous impact on my son...While I knew that my son greatly enjoyed camp, I didn't realize just how connected he felt to the camp until after the program completed. He felt so close to his counselor... Throughout the year, he tells me how much he's looking forward to returning next summer."
- Elana Katz

camp@cgicolumbus.com
www.cgicolumbus.com

IT'S THE WORLD'S MOST DIFFICULT JOB.
Are you qualified?

the art of parenting
A NEW SIX-SESSION COURSE FROM THE ROHR JEWISH LEARNING INSTITUTE

JOIN NOW

THE ART OF PARENTING RETURNS - a special session for Hebrew school parents

This Sunday - May 31, 10:30-11:30

Questions or to register: email [Esther Kaltmann](mailto:Esther.Kaltmann@chabad.org) or call office at 614-939-0765

The Lori Schottenstein Chabad Center
6220 East Dublin-Granville Rd., New Albany, OH 43054

LIFE TOWN
LESSONS FOR LIFE

LifeTown provides life skills training for children with disabilities. We rely on volunteers to make our unique program work. To volunteer, sign up at [Signup Genius](#) or email volunteer coordinator [Nancy Eisenman](#) for more information.

Weekly Torah study
Please join us for "A Journey into the Soul of Torah", a weekly Torah study. The class will continue on Thursdays at 7:30 pm at The Lori Schottenstein Chabad Center. Open to all and free of charge.

Kiddush Sponsorship Opportunities Available
Looking for a meaningful way to recognize a special day? Consider sponsoring a Kiddush. For more information, please contact the Chabad office at 614-939-0765.